



Phone: (928) 758-3961

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District Wellness Committee

Monday, November 6, 2023

Video call link: <https://meet.google.com/yzf-prkz-efx>

- Welcome
- Review of purpose of the Wellness Committee
- Discussion of completed modules (Discussion, possible action steps, etc.)
 - Family Engagement- Online rubrics completed
 - Community Involvement – Online rubrics completed
- Choose modules for completion
 - Modules – *Red* modules have already been completed
 - *School Health and Safety Policies and Environment*
 - Health Education
 - Physical Education and other Physical Activity Programs
 - Nutrition Environment and Services
 - School Health Services
 - **School Counseling, Psychological, and Social Services (Dec. 4)**
 - **Social and Emotional Climate (Dec. 4)**
 - **Physical Environment (Dec. 4)**
 - *Employee Wellness and Health Promotion*
 - *Family Engagement*
 - *Community Involvement*
 - Complete Modules
 - Directions https://www.cdc.gov/healthyschools/professional_development/e-learning/shi.html
 - Future Meetings
 - December 4, 2023
 - January 2, 2024
 - February 5, 2024
 - March 4, 2024
 - April 1, 2024 Board Approval
 - May 6, 2024 Publish
- District Members:
 - Hidi Borup

- Miranda Hanley
- Jennifer Lott
- Marcela Omatsu
- Nancy Papke
- Marisa Sumption
- Alisa Torres
- Renee Vulgaris
- Hidi Borup