



Phone: (928) 758-3961

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District Wellness Committee

Monday, November 6, 2023

Video call link: <https://meet.google.com/yzf-prkz-efx>

- Welcome
- Review of purpose of the Wellness Committee
- Discussion of completed modules (Discussion, possible action steps, etc.)
 - **Family Engagement**
 - **Community Involvement**
- Choose modules for completion
 - Modules – *Red* modules have already been completed
 - *School Health and Safety Policies and Environment*
 - Health Education
 - Physical Education and other Physical Activity Programs
 - Nutrition Environment and Services
 - School Health Services
 - School Counseling, Psychological, and Social Services
 - Social and Emotional Climate
 - Physical Environment
 - *Employee Wellness and Health Promotion*
 - *Family Engagement*
 - *Community Involvement*
 - Complete Modules
 - Directions https://www.cdc.gov/healthyschools/professional_development/e-learning/shi.html
 - Future Meetings
 - December 4, 2023
 - January 2, 2024
 - February 5, 2024
 - March 4, 2024
 - April 1, 2024 Board Approval
 - May 6, 2024 Publish
- District Members:
 - Hidi Borup
 - Miranda Hanley
 - Jennifer Lott
 - Amy Morstad
 - Marcela Omatsu
 - Nancy Papke
 - Marisa Sumption
 - Alisa Torres
 - Renee Vulgaris
 - Hidi Borup