



Phone: (928) 758-3961

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District Wellness Committee

Monday, December 4 · 4:00 – 5:00pm

Video call link: <https://meet.google.com/yzf-prkz-efx>

- Welcome
- Discussion of completed modules (Discussion, possible action steps, etc.). Scores for the following sections in the School Health Index were discussed and recorded. Strengths and weaknesses were also noted.
 - School Counseling, Psychological, and Social Services
 - Social and Emotional Climate
 - Physical Environment
- For our January 2, 2024 meeting, we will complete **Physical Education and other Physical Activity Programs**
- We will ask our Health Attendants to complete the **School Health Services** section for us, as they are the experts in that area
- Choose modules for completion
 - Modules – *Red* modules have already been completed
 - *School Health and Safety Policies and Environment*
 - Health Education
 - *Physical Education and other Physical Activity Programs*
 - Nutrition Environment and Services
 - *School Health Services*
 - *School Counseling, Psychological, and Social Services*
 - *Social and Emotional Climate*
 - *Physical Environment*
 - *Employee Wellness and Health Promotion*
 - *Family Engagement*
 - *Community Involvement*
 - Future Meetings
 - January 2, 2024
 - February 5, 2024
 - March 4, 2024
 - April 1, 2024 Board Approval
 - May 6, 2024 Publish
- District Members Present:
 - Amy Morstad
 - Jennifer Lott
 - Nancy Papke
 - Hidi Borup
 - Miranda Hanley
 - Renee Vulgaris
 - Stephanie Barnett